

June 1st-7th is National CPR Week

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Salisbury Fire Department Announces June 1 – 7 Is National CPR Week

The sad truth is most people don't survive a cardiac arrest. Getting people to act quickly in a cardiac arrest emergency is critical to a victim's survival because time is not on their side. Four to six minutes is the window of opportunity for someone to act before it is too late, but fewer than one-third of cardiac arrest victims get CPR from someone nearby.

The Salisbury Fire Department and the American Heart Association wants more people to take action and help cardiac arrest victims. That's why we're challenging as many people as possible to learn about CPR during National CPR & AED Awareness Week, June 1-7, by learning hands only CPR, learning the correct rate of CPR compressions, or just explore the site, (www.cprweek.org), and be sure to get counted every time you train or train someone else. The counter will stay open throughout June, so don't stop! Every training helps us create safer communities and save lives.

If you or someone you know owns an AED or works in a building that has AEDs, please take the time to check the batteries on the AED, as well as the expiration on the AED defibrillator pads. This should be completed daily. Contact us if you need training in using your AED.

Please call the Salisbury Fire Department Training Division, 410-548-3120, to set up your CPR class. You could save a life!